

# ROGERS AQUATIC CENTER

June 26, 2017 – August 19, 2017

Located on the Rogers High School Campus:  
12801 86th Ave. E., Puyallup, WA 98373

Pool Business Hours: Monday - Friday 9:00a - 9:30p, Saturday 9:00a - 5:00p, & closed on Sunday.					
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Public Lessons</b> 9:00a, 9:35a, & 10:10a <b>Private Lessons</b> 10:45a & 11:20a				<b>PSD Water Polo and Staff Training</b>	<b>Public Lessons</b> 9:00a & 9:35a <b>Private Lessons</b> 10:10a & 10:45a
Staff Training and Development					<b>Private &amp; Group Pool Rentals</b>
<b>Open Swim</b> 1:00 - 3:00p					
<b>Lap Swim</b> (2 Lanes) 3:30 - 6:00p	<b>Private &amp; Group Pool Rentals</b>	<b>Lap Swim</b> (2 Lanes) 3:30 - 6:00p	<b>Private &amp; Group Pool Rentals</b>	<b>Lap Swim</b> (2 Lanes) 3:30 - 6:00p	<b>Lap Swim</b> (4+ Lanes) 3:30 - 5:00p
<b>RAC Swim Team</b> 3:30 - 5:00p <b>Diving Lessons</b> 3:30 - 4:30p <b>Stroke Academy</b> 5:00 - 6:00p	<b>Public Lessons</b> 5:25p 6:00p 6:35p 7:10p <b>Private Lessons</b> 7:45p	<b>RAC Swim Team</b> 3:30 - 5:00p <b>Diving Lessons</b> 3:30 - 4:30p <b>Stroke Academy</b> 5:00 - 6:00p	<b>Public Lessons</b> 5:25p 6:00p 6:35p 7:10p <b>Private Lessons</b> 7:45p	<b>RAC Swim Team</b> 3:30 - 5:00p <b>Stroke Academy</b> 5:00 - 6:00p <b>Teen/Adult Lessons</b> 6:00 - 7:00p	<b>Private &amp; Group Pool Rentals</b>
<b>Open Swim</b> 7:00 - 8:25p	<b>Lap Swim</b> (4+ Lanes) 8:00 - 9:30p <b>Deep Water Aqua Aerobics</b> 8:00 - 9:00p	<b>Open Swim</b> 7:00 - 8:25p	<b>Lap Swim</b> (4+ Lanes) 8:00 - 9:30p <b>Shallow Water Aqua Aerobics</b> 8:00 - 9:00p	<b>Open Swim</b> 7:00 - 8:25p	
<b>Lap Swim &amp; Deep Water Aqua Aerobics</b> (4+ Lanes) 8:30 - 9:30p	<b>Lap Swim &amp; Deep Water Aqua Aerobics</b> (4+ Lanes) 8:00 - 9:00p	<b>Lap Swim &amp; Shallow Water Aqua Aerobics</b> (4+ Lanes) 8:30 - 9:30p	<b>Lap Swim &amp; Shallow Water Aqua Aerobics</b> (4+ Lanes) 8:00 - 9:00p	<b>Lap Swim &amp; Deep Water Aqua Aerobics</b> (4+ Lanes) 8:30 - 9:30p	

## Rogers Aquatic Center is wheelchair accessible

Program dates, times, and closures may change at any time, without notice.

### Youth Supervision Requirements:

- 5 years of age or younger, or those in a flotation device, must be accompanied in the water with a paying adult (18+).
- 12 years of age or younger must be supervised by an adult on site.
- 13-17 years of age must have a buddy on site.

### Payment Policies:

- Cash, checks, and credit cards are accepted. **Credit cards will have an additional \$1.65 service fee per transaction.**
- Bills larger than \$10.00 will not be accepted for entrance to open swim, lap swim, or aqua aerobics.

**Appropriate swim suits must be worn; street clothes are not permitted in the pool.**

Please see pool signs for additional rules & policies.

### Pool Contact Information:

Office Phone: (253) 841-8787  
 Office Email: RHSPool@puyallup.k12.wa.us  
 Office Fax: (253) 435-6444  
 Website: <http://tinyurl.com/RAC-PSD>



### Pool Manager:

Brent McDaniel  
 Direct: (253) 604-3497  
 Email: [McDaniBC@puyallup.k12.wa.us](mailto:McDaniBC@puyallup.k12.wa.us)

Tentative Limited Fall Program Start: Sept. 9, 2017  
 Tentative School Year Program Start: Nov. 13, 2017

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## Open Swim

*Open to all ages*

Mon. through Sat.	1:00 - 3:00p
Mon., Wed., & Fri.	7:00 - 8:25p
General Admission:	\$4.00
Seniors (55 & Older):	\$3.75
5 & Younger:	FREE
<b>No refunds once the program begins.</b>	

## Adult Programs

### Lap Swim

*Open to those 12 & older*

Mon., Wed., & Fri.	3:30 - 6:00p
Mon., Wed., & Fri.	8:30 - 9:30p
Tue. & Thu.	8:00 - 9:30p
Saturday	3:30 - 5:00p
General Admission:	\$4.00
Seniors (55 & Older):	\$3.75

### Aqua Aerobics

*Open to those 16 & older*

This is a structured drop-in style aerobics class with a moderate to high rate of intensity. Flotation and buoys are provided for shallow and deep water

<b>Deep Water:</b>	Monday, Tuesday, Friday
<b>Shallow Water:</b>	Wednesday and Thursday
Mon., Wed., & Fri.	8:30 - 9:30p
Tue. & Thu.	8:00 - 9:00p
General Admission:	\$4.75
Seniors (55 & Older):	\$4.50
<b>No refunds once the program begins.</b>	

## General Program Swim Pass

*May be used for Open Swim, Lap Swim, or Aqua Aerobics.*

25 admissions:	\$85.00
<b>Passes are non-refundable.</b>	

## Private & Group Pool Rentals:

The pool can be rented on an hourly basis for group or private functions.

Email Manager for availability and info:  
McDaniBC@puyallup.k12.wa.us

## Youth Public Swimming Lessons

*For ages 2 & older*

\$68.00 per student

Each session includes eight 30 min. lessons. Registration is held on the date and time listed. Late registrations will be taken based on availability. All lessons must be paid for, in full, at time of registration. No phone or email registrations will be permitted.

### Morning Lessons

Monday through Thursday  
9:00a, 9:35a, & 10:10a

Morning 1: June 26 - July 7

*(No Class on July 4; make up on July 7th)*

Morn 1: Register June 10th, 9:00a - 11:00a

Morning 2: July 10 - July 20

Morn 2: Register July 8th, 11:30a - 1:00p

Morning 3: July 24 - Aug. 3

Morn 3: Register July 22nd, 11:30a - 1:00p

Morning 4: Aug. 7 - Aug. 17

Morn 4: Register Aug. 5th, 11:30a - 1:00p

### Evening Lessons

Tuesday & Thursday

5:25p, 6:00p, 6:35p, & 7:10p

Evening A: June 27- July 20

*(No Class on July 4; reduced price of \$59.50)*

Eve A: Register June 10th, 9:00a - 11:00a

Evening B: July 25 - Aug. 17

Eve B: Register July 22rd, 11:30a - 1:00p

### Saturday Lessons

*Saturday mornings; 9:00a & 9:35am*

Saturday: July 1 - Aug. 19

Sat: Register June 10th, 9:00a - 11:00a

## Teen & Adult

### Public Swimming Lessons

\$68.00 per student

Friday evenings: 6:00p - 7:00p

Friday 1: June 30 - July 21

Fri 1: Register June 17th, 11:30a - 1:00p

Friday 2: July 28 - Aug. 18

Fri 2: Register July 22rd, 11:30a - 1:00p

## Stroke Academy & RAC Swim Team

\$96.00 per student

June 26 - Aug. 18

Monday, Wednesday, & Friday

Register June 17th, 11:30a - 1:00p

### RAC Swim Team: 3:30p - 5:00p

Focus on endurance, speed, & efficiency.  
Designed for competitive swimmers.

**Must be able to complete 100 yds Front, Back, & Breaststroke; or ARC Level 5.**

### Stroke Academy: 5:00p - 6:00p

Focus on stroke refinement & endurance.  
**Must be able to complete 50 yds Front, Back, & Breaststroke; or ARC Level 4.**

## Scheduled Pool Closures:

July 4: Independence Day  
Aug. 21-Sept. 8: Fall Sports Shutdown

**Pool may close on additional days, without notice, due to other events or rentals.  
Please call for up-to-date information.**

## Private Swimming Lessons

*For ages 2 & older*

\$26.00 per half hour lesson

One-on-one instruction available after group swimming lessons. The ARC Learn-to-Swim program will be used unless requested otherwise. All lessons must be paid for, in full, at time of registration.

No phone registrations will be permitted.

• Call for availability: (253) 841-8787 •

## Beg. Springboard Diving Lessons

\$68.00 per student

Monday & Wednesday: 3:30 - 4:30p

Focus on fundamental diving skills.

**Must be able to complete 50 yds Front & Backstroke, & dive from side of pool.**

Diving 1: June 26 - July 5

Dive 1: Register June 17th, 11:30a - 1:00p

Diving 2: July 10 - July 19

Dive 2: Register July 8th, 11:30a - 1:00p

Diving 3: July 24 - Aug. 2

Dive 3: Register July 22nd, 11:30a - 1:00p

Diving 4: Aug. 7 - Aug. 16

Dive 4: Register Aug. 5th, 11:30a - 1:00p

## American Red Cross Courses:

We run a variety of Red Cross courses year round. Please call or check the pool's website for the most current course offerings.

See reverse side for pool schedule