**ROGERS AQUATIC CENTER**

February 1, 2020 – June 6, 2020

Located on the Rogers High School Campus:
12801 86th Ave. E., Puyallup, WA 98373

| Pool Business Hours: Monday-Friday 2:45p - 9:30p, Saturday 9:00a - 2:00p, & closed on Sunday. |
|---|---|---|---|---|---|---|
| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** |
| 5:00a to 7:15a | Public Lessons 9:00a & 9:35a | High School Team Workouts | Public Lessons 6:00p, 6:35p, & 7:10p | High School Team Workouts |  |
| 7:15a to 2:30p | Private Lessons 10:10a & 10:45a | High School Classes | Private Lessons 7:45p | Public Lessons 6:00p, 6:35p, & 7:10p |  |
| 2:30p to 6:00p |  | High School Team Workouts | Open Swim 12:00p - 2:00p |  |  |
| 6:00p to 7:00p | H.S. Team Workouts | Lap Swim 7:00 - 8:25p | Open Swim 7:00 - 8:25p | H.S. Team Workouts | Private & Group Pool Rentals |
| 7:00p to 8:30p | Open Swim 7:00 - 8:25p | Lap Swim & Shallow Water Aqua Aerobics 8:30 - 9:30p | Drop-In Water Polo 8:30 - 10:00p |  |  |
| 8:30p to 9:30p | Lap Swim & Deep Water Aqua Aerobics 8:30 - 9:30p | Lap Swim & Shallow Water Aqua Aerobics 8:30 - 9:30p |  |  |  |

**Youth Supervision Requirements:**
- 5 years of age or younger or those in a flotation device, must be accompanied by paying adult (18+) within arm's reach.
- 12 years of age or younger must be supervised by an adult on site.
- 13-17 years of age must have a buddy on site.

**Payment Policies:**
- Cash, checks, and credit cards are accepted. Credit cards will have an additional $1.25 service fee per transaction.
- Bills larger than $20.00 will not be accepted for entrance to open and lap swim, water polo, or aerobics. Appropriate swim suits must be worn; street clothes are not permitted in the pool.

Please see pool signs for additional rules & policies.

**Rogers Aquatic Center is wheelchair accessible.**

**Pool Contact Information:**
Office Phone: (253) 841-8787
Office Email: RHSPool@puyallup.k12.wa.us
Facebook: @RogersAquaticCenterWA

**Pool Manager:**
Brent McDaniel
Office Direct: (253) 604-3497
Email: McDaniBC@puyallup.k12.wa.us

**Your Spring and Summer Programs:**
Summer Schedule Will Start June 22

Please see reverse side for more program information.
**Public Swimming Lessons**

Parent Child classes 2-5 years, Preschool classes 4-5 years, Youth classes 6 and older

$72.00 per student, includes 8 - 30 minute lessons

**Swimming Lesson Registration is now done completely online!**

Log in at the address below or set up a new account. Registration starts on the day/time listed, only classes with openings will be listed online. Waitlists will be held for possible additional class openings. Notification of enrollment from waitlist will be made via email.

**Adult Programs**

**Lap Swim**
Open to those 12 & older

Mon. & Wed. 8:30 - 9:30p
Tue. & Thu. 8:00 - 9:30p
General Admission: $4.25
Seniors (55 & Older): $4.00

No refunds once the program begins.

**Aqua Aerobics**
Open to those 14 & older

This is a structured drop-in style aerobics class with a moderate to high rate of intensity. Flotation and buoys are provided for both shallow and deep water classes.

Deep Water: Monday & Wednesday
Shallow Water: Tuesday & Thursday

Mon. & Wed. 8:30 - 9:30p
Tue. & Thu. 8:00 - 9:00p
General Admission: $5.00
Seniors (55 & Older): $4.75

No refunds once the program begins.

**Drop-In Water Polo**
Open to those 14 & older

Unstructured drop-in water polo time Players will have to provide all personal equipment and officials, if needed.

Friday 8:30 - 10:00p
General Admission: $4.25

**General Program Swim Pass**
May be used for Open and Lap Swim, Water Polo, and Aqua Aerobics.
25 admissions: $90.00

Passes are non-refundable.

**American Red Cross Courses**
We run a variety of Red Cross courses year round, including Water Safety Instructor, Lifeguard Instructor, Lifeguard Training and Safety Training for Swim Coaches.
Please call or check the pool’s website for the most current course offerings.

**Public Lesson Registration Website:**
http://RogersAquaticCenterWA.ASAPconnected.com

Once on the site, click on "Log In" on the upper right and follow directions for new or returning users. Contact the Pool if you are having any registration problems.

**Private Swimming Lessons**
For ages 2 and older
$27.50 per half hour lesson
One-on-one instruction available after group lessons. The ARC Learn-to-Swim program will be used unless requested otherwise.

• Call for availability: (253) 841-8787 •

**Swimming Level Information**

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<tr>
<th>Level</th>
<th>Pre-Reqs</th>
<th>Focus</th>
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</thead>
<tbody>
<tr>
<td>Level 1: Ages 2-5 (Pre-Req: None)</td>
<td>Submerge head &amp; open eyes, blow bubbles, floats</td>
<td>Independent glides &amp; floats</td>
</tr>
<tr>
<td>Level 2: Ages 6+ (Pre-Req: Submerge head &amp; open eyes, blow bubbles, floats)</td>
<td>Independent Front &amp; Elem. Strokes</td>
<td>Focus: Stroke improvement &amp; endurance</td>
</tr>
<tr>
<td>Level 3: Ages 6+ (Pre-Req: Ind. Front &amp; Elem. Strokes; deep water comfort)</td>
<td>Side breathing &amp; auxiliary kicks</td>
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</tr>
<tr>
<td>Level 4: Ages 6+ (Pre-Req: Front &amp; Elem. Strokes, side breathing, aux. kicks)</td>
<td>Focus: Stroke improvement &amp; endurance</td>
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</tr>
<tr>
<td>Level 5: Ages 6+ (Pre-Req: Front, Elem., Back, Breast, Butterfly, &amp; Side strokes)</td>
<td>Focus: Stroke refinement &amp; endurance</td>
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**Inclement Weather Notice**
If school is cancelled for weather, all pool programs will be cancelled as well.

Please check our Facebook page for the most up-to-date pool closures and schedule changes @RogersAquaticCenterWA